

DOWNHILL



<http://www.ohionsp.org>

Ohio Region Summer Newsletter, June/July 2020, National Ski Patrol System, Inc. Volume 48, #3



*Chris Raudabaugh, Ohio Region Director
through June, 2020*

Hi All!!!!

I hope that everyone is staying safe and healthy. These are unprecedented times, which require patience and changes for everyone, including our Region. One of our first challenges was the annual Ohio Region Spring Meeting and Banquet. Due to the pandemic, it was decided that we had to postpone the awards banquet to the Fall meeting. It is currently rescheduled for Oct 17-18th, location remaining as Louisville, KY.

Another noteworthy news item is the election of our up and coming Region Director, Dave Mckinley. David not only brings an infectious smile to the position, but he also has a wealth of experience and leadership. David's career (what supports his ski patrol habit) brings many years of leadership and experience in the marketing and communications areas for medium to large organizations. David's NSP experience and leadership include NSP-C Ski School Division staff, Ohio Region Certified Advisor, PNS Patrol Board Member, Ohio Region Senior Program Advisor, OET and OEC IT, and OEC IOR. David has contributed locally to both Perfect North Patrol and Paoli Peaks patrol. David is also a member of the PSIA Central Division Education Staff where he is a Level 3 Telemark Instructor. David officially takes the reins on July 1st.

The Ohio winter season did not stay as cold and snowy as we all could have wished, but we did get the most out of our season. We were able to hold most of our events, with great participation. Thanks to all of the Ohio Region advisors and helpers for all of their hard work to bring their programs to you.

As noted in the last newsletter, Youth Protection Training is becoming a required certification for many roles in our sports industry. Keep an eye out for upcoming requirements if you are an NSP instructor of any curriculum.

NSP is starting to develop more value for our biking patrollers by creating more courses that are 'biking' specific. If you are a bike patroller and have any needs or suggestions for training, please let us know so we can provide the information thru the right channels.

As all businesses in our country, the ski industry is taking a hit in this economic climate. We should do our best to help (and understand the needs) our industry partners as we go forward into any potential summer activities and into the next ski season (hoping that we have a 'next season').

I enjoyed my tenure as a returning Region Director and it has been great to see everyone over the past season. Thanks to all the Region staff for all of their help. Everyone please have a great, and safe summer. Stay healthy and happy!

CYA!
Chris



***Dave McKinley, Ohio Region Director
beginning July, 2020***

Hello everyone!

Thanks for the introduction, Chris! I am excited to become your Region Director. From the day I received my red coat, my goal has been to get people excited about patrolling and the opportunities National Ski Patrol has to offer. To reach this goal, my priorities have been teaching and program growth through leadership positions at the patrol, region, and division levels, as well as serving as a PSIA education staff member for telemark. No, telemark is not dead, but I'm trying to influence a resurgence through a presence across the region and division.

So, what can we accomplish with me as Region Director? I want to help create more engagement, involvement and growth in the Ohio Region. My plans include enhancing our communication channels to get you relevant information, easier and earlier in the season so that you can prioritize and set goals for your ski season. I also want to better utilize programs already offered through the NSP to help with retention of patrollers and open the door to usher new candidates in.

As Chris mentioned, we are in unprecedented times requiring changes and a different approach to our normal ski routine. Don't let that bring you down. Let's take advantage of opportunities during this time. The NSP's mission has always been Service and Safety. Now more than ever, these two words can carry a deep meaning. Let's use this time for Service, while remaining Safe - how can you serve those around you (while maintaining a safe distance)? Could you serve neighbors - check in one then, help with getting essentials. Could you serve at local community organizations helping those in need? There are a lot of ways you can help make a positive impact during this time.

As we navigate this pandemic, continue to be creative in the ways you connect with others. Ski season may be over, but that doesn't mean you can't still connect with your friends from your duty shift. Start a Zoom call, Google Hangout, FaceTime, etc. We may all be socially distant, but that doesn't mean we have to be isolated!

The Ohio Region is one of the strongest in the Central Division. We're motivated, skilled and dedicated. I want to build on that by bringing this community of people closer together. Communication is dynamic - much like skiing. Enhancing communication and utilizing programs that are already available will make the community of patrollers stronger and relationships deeper.

Stay tuned over the summer for more information and ways to get involved in the Ohio Region NSP!

Thanks
The Dave #802



Awards Program Update

Lori Ringley MHS PT
Ohio Region Awards Advisor

Hey Everyone! I want everyone to mark their calendars for the Fall Ohio Region banquet.....it's on.....oh wait, we're not sure yet. Make your reservations at....well we don't know that either. But it will happen! We promise! We just gotta figure out the city (probably Louisville, KY)....but never fear – Paoli will be our first time host since joining the Ohio Region and I'm sure it will be worth the wait. I want to urge everyone to make a concerted effort to come south – so much of the time we see the same core attendees with some local additions depending on the host. In this year of – INSANITY – let's try really hard to restore some sense of normalcy. We all need it SO badly.

Not normal for the spring newsletter – I have no awards announcements to make. 😊 We have them – just not gonna announce them...but I will say that we already know that the Ohio Region has a division runner up and a division winner! We will be able to present that as well as the region results this fall. Do you have purple merit stars, critical care awards to yet write up from this past season – I know some of you do.....there's still time for those to be completed. Late patroller crosses? Same. We also have several 'seasoned' service awards this year – let's celebrate these wonderful patrollers with 35, 40, 45 and more years! Having just finished my 20th year, I look back and can't imagine my life without those 20 years – now what about 50?

Normal for the spring newsletter - work on awards over the summer!!! Our seasons sometimes feel like they are getting shorter and shorter – because they are, even without the worst apocalypse ever.



No zombies....no anarchy....I WANTED ZOMBIES!

Seasons are so busy with skiing and training and patients that we all know it's tough to also work on awards. The solution is getting a big head start over the summer and fall. How do we do that?

Each patrol has a contact person but that person is just that – one person. A successful awards program needs a team approach. Who on your patrol may write for a living? Academics? Journalists? Attorneys? Teachers? All these people are likely to have good writing skills – tap them to write the 'essay' question – Why is this patroller outstanding?

Detail oriented people? Tap them to work on the form which is listing the last 4 years of activities, courses taught/taken, awards won. Even more important to work on far in advance is the Patrol of the Year – this is so geared to numbers, this award is a lot of work and needs to always be kept as a living document. Each year, drop off the 4th year, add the current, and so forth, even if you are not eligible in any given year. How do you decide who to write up for what? (guess I should have talked about that first....) get your Patrol Representative (PR), Assistant PRs, board members, trainers, Instructors of Record, Instructor Trainer's etc together and – perhaps over beverages – get your list of awards/criteria/forms – found on the Ohio Region web site under programs then awards – and throw out names and dish. You will be surprised how quickly the names will start flowing and you will have your list in no time.

Do you find yourself looking at a lot of the same people year after year? It happens – some people are just very active which makes them good submissions. How do you change that? Actually – you groom people. That may sound....Callous. Sneaky. Shady. Oh well. The form has sections and if there are blanks, you get Zero points. Judging is done by points. So if you have people that just need some extra things suggest that MTR program, encourage that SES, encourage that OEC instructor to put together an OEC Enhancement seminar or get a special speaker in for the OEC class. Community service is big for the patrol award, collaboration with management or contributions to snow sports outside of NSP are big categories that fall short a lot for individual awards - encourage a potential submission for the next year or two to get involved in a safety program perhaps for a ski club that may have a high injury rate, teach first aid to a scout group, whatever. We have so many talents to offer the community, schools, ski clubs, scout groups, you name it. Is it shady to encourage these things just for the sake of awards? Well, kinda. But it isn't just for the sake of awards when someone else benefits from our contributions as well.



I'm not going to say "in these uncertain times" or "we're all in this together" or any other of these cliches. Believe me – I'm sick of this crap living with it 8 to 5 every day. I'm thankful that all in all, my life is pretty much exactly the same – go to work every day, go through a drive through, go to the gym....oh wait. Not a chance. Never thought I'd actually be so thankful to be 'essential' – many therapists and other outpatient based medical personnel have not been working. I have been pretty frazzled through all this, even though my days are basically the same, the stress is heightened and I find myself not being able to focus on anything else. Here's something we can focus on to help our fellow patrollers and patrols get the recognition they deserve (don't forget there's also nordic categories) and gives us something else to focus on besides potentially the most horrible thing our world has known in all our lifetimes. Let's just hope this is under control soon – ain't gonna be over for a long time – and that this is truly the worst thing we'll ever have to go through in our lifetimes!

Lori Ringley MHS PT

Ohio Region Awards Advisor



Awards Manual Update

The Central Division Awards Manual with the latest information from National is updated and can be downloaded at <http://www.nspcentral.org/awards/>.

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Awards History

We've gone through the PDF copies of the Rusty Parka News issues the Division scanned a few years ago and copied and pasted the awards history into an on-line database. There is a lot of cleanup to be done and recent history to be added. Take a look at <http://rej.dyndns.org/cdhistory/> to lookup history by patroller, patrol and region along with Samples, Tips and other how to's.

The Division has recently obtained access to Google Suites including Google Drive and Google Classroom. We are working on posting recent division winning applications to use as samples and other "how to" tips for writing successful applications on Google Drive.

Contact Lori Ringley, ringley@fuse.net, for any questions about Awards. Anyone can make nominations for awards as long as they follow Ohio Region, Central Division, and National guidelines.



Hello From The Top of Ohio:



This season at Mad River has been challenging, between the purchase by Vail and the crazy weather. Mad River did not have a GM until January 2020, but we were able to get thing up and running. Mad River was open 66 full days and 11 partial days. The Patrol volunteered 10,170 total hours. The Patrol treated 395 patients and had 1 Med Flight, we also had 1 chair evacuation. Mad River had 6 candidates successfully complete the ski and toboggan portion of the program. Currently Mad River has 15 candidates that will be starting the OEC class this summer. This season management had requested that the Patrol do lift evacuation training at the end of the season on the snow, but due to the shutdown all events at Mad River had been canceled until July this included our end of season banquet, currently rescheduled for August. June normally starts The Patrol's fund-raising season with the Savage race in June, this event has been rescheduled for August. Logan county EMA contacted the Patrol requesting the use of the medical beds for the surge, currently the beds have not been needed. The Mad River Host program is in its second season and has turned out to be a great feeder program for the patrol, we will have 2 hosts take the OEC course this summer. Mad River Ski Patrol's biggest challenge this season was the purchase by Vail and figuring out where the volunteer Patrol fits into the Vail organization. We have a good working relationship with the current GM!

H. Scott Griffith
Ski Patrol Director
Mad River Mountain



Alumni

This past season there were 210 (up from 191) individuals listed on the Region Alumni roster through 12/31/2020. Alumni groups are active at Perfect North Slopes, BM/BW/AV, Mad River Mountain, and Snow Trails / Clear Fork. Other alumni in the Region coordinate their activities through their local patrol directors. Alumni continue to ski and assist at patrol events such as OEC Refreshers, Ski Swaps, Special Olympics, on-hill events and recruiting. Some perform duties as requested by the local patrol directors, such as assisting patrollers in the hut and providing crowd control at incident scenes. Participating in social activities, such as Retro Rusty day at Mad River Mountain and Over-The-Hill gang luncheons for BM/BW/AV Alumni, is an excellent way for alumni to socialize, stay connected with each other and keep up to date with their local patrols. Some at Snow Trails also function as area hosts. At PNS Alumni are making masks for a local hospital during the Coronavirus pandemic. Also, they provide assistance at an annual Children's Home tubing party.

The BM/BW/AV group participated in various patrol non-first aid functions this season such as Special Olympics, PSIA D-Team Ski/Board Training, Golf Outings, Art Fest, Ski Swap, OEC Refresher, and Winter Fest. One Alumnus volunteers at the Cuyahoga Valley National Park where he does park boundary surveys and other projects. Another Alumnus is a Park Ranger in the National Park. Another Alumnus organizes a monthly luncheon for BM/BW/AV Alumni and other retired patrollers that is usually attended by about 20 members.

Each new BM/BW/AV Alumnus receives an email to encourage them to join the NSP Alumni Association, along with a membership application and a copy of the Alumni Manual. Currently, there are 57 registered NSP Alumni.

Facebook and Email are the two vehicles used to communicate with all BM/BW/AV Alumni. The Alumni group has 50 members of whom approximately 30 review and post regularly.

The following describes an issue that the Region Awards Advisor and I are still working with National to resolve. As active Alumni continue to be eligible to receive service awards our Region Awards Advisor and I are working to identify those who should receive an award in 2020. We use the registration file that we obtain from National to determine all, including Alumni, who are eligible. We are having a problem identifying Alumni who may be eligible for an award, and there are two issues:

- (1) The patroller's Join Date may be overridden by the date the patroller registers Alumni. This does not seem to happen in all cases. In order to determine eligibility for service awards we need the patroller's original Join Date.
- (2) The name of the patroller's original patrol is overridden with the name of the alumni patrol, e.g. C601 for Ohio Alumni. We would like to have the name of the original patrol so that we can notify the PR of those Alumni who will receive service awards. We have been able to obtain correct join dates and patrols by contacting Alumni via email. However, this is a tedious process and does not always achieve the desired results, e.g. when there is no response to the emails.



Bill Currier, Alumni Representative



Ohio Region NSP-C Snowsports School

Thank you for the opportunity to have served as the Snowsports School advisor this year. I believe that we achieved our overall mission for this year: to re-energize the program and get the word out about the need for focused training by all patrollers; and we had some fun along the way!



Season Accomplishments - Three main goals were set for the season as detailed below:

1. **Develop a solid bank of reliable, innovative and committed Region Instructors.**
 1. Began the year with an instructor survey to find out what they think is important and to begin a dialog among us.
 2. There were 59 registered on NSP-C for the Ohio Region this season; this evolved to a Ski/Ride Instructor base of 23, 13 of which are PSIA L3 and allow us to cover Ski, Ride, Tele needs. 14 of the 23 taught one or more days this year (2 from BMBWAV, 5 from MRM, 6 from PNS, 1 from ST). We had one mentoring instructor who became part of our staff this year (Scot Gilb), with another mentoring for the future.
 3. Instructor Feedback overall was terrific – participants loved the feedback and tips, the supportive approach, the personalized coaching, having a full day to progress, and overall skills of the instructors.
2. **Improve region communications so that our customers/patrollers know what is available and the benefits of enhancing our skills.**
 1. I created a monthly instructor newsletter to keep all region instructors in touch with plans and progress.
 2. A large poster was created and provided to each area for their patrol rooms along with a regular size image that could be included in local newsletters/websites etc.
 3. We ran/advertised a \$5 off campaign for those that signed up by Christmas.
 4. Event and program information was posted in the Downhill, on the website, through 2 region email blasts, and through notes to key region contacts. We also encouraged participants to pass the word to others.
 5. Every participant received a "Rock Star" decal that I hope to see paid forward to advertise the program.
3. **Provide quality ski/ride training events with expanded offerings.**
 1. We held seven events at six different areas– all that were planned, even one that was initially postponed due to rain. We had a total of 98 patroller days involved – 69 students, 29 instructors/staff days.
 2. Offerings included: Ski/Ride enhancement for more fun on the slopes, Advanced Skiing Dynamics, Prep for Senior test, PSIA prep, how to become a better trainer, and 2 Tele ski sessions/clinics! We also ran one clinic day on a Fri that was a great success, and requested by all to be on future schedules.
 3. Sign Up Genius program was added this year with good feedback. Participants were able to choose their session as part of the sign-up process, which also helped in staff planning. I also used for the instructor scheduling. Having the online program with full visibility made it easy to monitor, participants could make adjustments between dates and offerings easily, and we were able to link things together back to the region website for liability release. It also sent reminders, and allowed me to trigger thank you notes and requests for feedback form completion. So, it was paperless event (vs the boxes of historical materials in my basement 😊).
- 4.

THOUGHTS AND SUGGESTIONS NEXT SEASON:

***Program Offerings** – Expanding beyond the basic SES concept to having new sessions for PSIA, trainers, advanced dynamics, and tele specific training has been well received. We have discussed perhaps having specific snowboard training sessions vs ski sessions for registration, and to continue to spread the word about opportunities for learning for all of our patrollers.

***Senior Sign Offs** continue to be a point of frustration for both candidates and instructors. We did offer three sessions intended for senior sign offs and mock testing opportunities, but feedback indicates that reducing the sign off requirement to one, consistent with division requirements, would be well received and not diminish the integrity or preparation of the program/testing.

*Continued **expansion of this program** relies on not just the program administration and the instructors, but also patrol leadership in the region. I encourage each patrol director to support and encourage participation in these events. Skills refreshing and development is important to our patrols and how professional we appear on the hill. Doubling our students next year would only represent only 16% of our patrollers, and should be a goal of every patrol.

Regards, Cheryl Raudabaugh

2019-20 Ohio Region Alpine Ski School Advisor



Skiing Enhancement Seminar at Snow Trails



Snow Trails:

Thursday night crew

Abbie Walls, Sue Hendricks, and Jane Price at Snow Trails Winter Carnival





**Outdoor Emergency Care,
Senior Module**



**Certified Exam (Marquette Mt) – Low Angle
Rescue Module**

The Paoli Peaks 2019-2020 Ski Season is now in the history books. After opening on December 20, 2019 the resort shut down due to unseasonably warm weather on Christmas Day. The resort was unable to re-open until January 22. Paoli Peaks was open a total of 42 days before closing for the season on March 1.

The Paoli Peaks Ski Patrol had two patrollers complete the Alpine ski program. Congratulations to our new Alpine Patrollers: Chris Boggs and Christina Ridge.

Unfortunately the Paoli Peaks Patrol had two patrollers who sustained significant injuries while patrolling this season. We wish a speedy recovery to Antone Atkins, and Len Kearney and hope to see each of them return to active patrolling next season.



**Paoli Peaks Patrol Representative,
Joe Collins**



Ohio Region Awards Banquet 2020

On behalf of Paoli Peaks Ski Patrol we would like to invite each of you to the 2020 Ohio Region Awards Banquet on Saturday, October 17, 2020. The banquet will be held in conjunction with the Ohio region Fall business meeting at the General Butler State Resort Park in Carrollton, KY. Please make plans to attend!

This hilltop resort that sits where the Ohio and Kentucky Rivers meet honors a prominent military family. Named for General William Orlando Butler, the family's military fame spanned from Colonial times through the American Revolution, the War of 1812, the Mexican War and the Civil War. The park was formerly the home of the Ski Butler resort which was closed in 1998.

More information about housing, specific dates and times, programs, etc. will be forthcoming!

<https://parks.ky.gov/carrollton/parks/historic/general-butler-state-resort-park>

General Butler State Resort Park

1608 Hwy. 227

Carrollton, KY 41008

Phone: 502-732-4384

Email: susan.spears@ky.gov





In Memoriam: Chuck Friedman



Louisville - Charles "Chuck" Michael Friedman passed away on May 29, 2020 in Louisville, Kentucky from complications of the COVID-19 virus. He was born on May 16, 1945 in Louisville, KY. He graduated from Vanderbilt University, was drafted, and became an officer, in the United States Army during the Vietnam War era. He returned to Louisville and graduated with his Juris Doctorate from the Brandeis School of Law at the University of Louisville.

Chuck played a variety of sports from an early age. He played intramural baseball and varsity football until he graduated from law school and then became a football referee for 42 years, leading the Kentucky Football Officials Association as President for several years.

Chuck was an avid skier, patrolling at both General Butler and Paoli Peaks, becoming the patrol representative for both General Butler and Paoli Peaks ski patrols.

In Memoriam: Dr. Jack Wright



Louisville - John C. Wright, II, MD, passed from this earth on Thursday, May 21, 2020, at age 92 with his family by his side. He was born in Sodus, NY on 6/16/1927. He graduated from Webster High School in 1945, received his undergraduate degree from University of Rochester. He received his medical degree from University of Buffalo Medical School. He was a member of the Civilian Air Patrol during WWII in Webster, NY and served two years in the Navy.

Dr. Wright, a widely honored Geriatrician and Professor Emeritus of the University of Louisville School of Medicine, dedicated 40 years to improving health care for older adults. He established the John C. Wright Professorship on Aging to ensure support of a distinguished physician geriatrician to guide quality care.

John Wright earned numerous honors and awards for his academic and professional contributions, including a Kentucky Geriatrics Society Achievement Award for Outstanding Contributions to Geriatrics in Kentucky, Kentucky Citizen Doctor of the Year by the Kentucky Academy of Family Physicians, and an Award for Exemplary & Distinguished Contributions to the Field of Gerontology and Practice of Geriatrics by the Kentucky Association for Gerontology. Most recently, Dr. Wright was presented a Gold Standard for Optimal Aging Award by the University of Louisville Trager Institute and a Lifetime Achievement Award by ElderServe at their 30th Annual Champion for the Aging Award Luncheon.

Known by family and friends as Jack, he was indeed a Jack of all trades, and seemed never to encounter a machine or gadget he could not fix. He even held a patent on an innovative ski/luggage rack. His love for the outdoors also took him camping, house-boating, hiking and trail riding. Jack was an avid downhill skier and served on Paoli Peaks ski patrol well into his 80's.

Visit the Ohio Region Website at <https://www.ohionsp.org/> for news, updates, information about programs, and other information!

Please send any and all articles, photos, & submissions to downhilleditor@gmail.com. The Fall edition will be published September/October of 2020. Send all submissions by September 30, 2020.

Any ski patrol members may send newsworthy items of interest!

Leah H. Morgan, Downhill Editor



National Ski Patrol Releases New Edition of *Outdoor Emergency Care*

The National Ski Patrol announced it has published the sixth edition of *Outdoor Emergency Care: A Patroller's Guide to Medical Care*. The text has been the cornerstone of NSP's gold-standard first responder training and education program since 1985.

Published in conjunction with Jones & Bartlett Learning (JBL), this updated edition addresses the everyday needs of snowsports and bike patrollers in a number of different settings, and provides essential information in a more streamlined format than previous editions. The book can also benefit ski and snowboard instructors.

"The new 6th edition of *Outdoor Emergency Care* is a valuable resource to all who work among the ski/board/bike community," said Dr. Charles Allen, NSP's national medical advisor. "This text not only provides a standard of training for the ill and injured customer or employee, but also offers guidance for rescue basics, incident command, moving and transporting patients along with an overview of communicating with the EMS community."

Allen added that, "A guest can become ill or injured at the most unexpected time; an awareness of their immediate needs and safety can be monumental."

The book also includes substantive medical updates consistent with the evolution of pre-hospital care and available tools and resources. "This text contains comprehensive training for patrollers, including almost *any* injury or medical illness that an OEC technician may come across," said Dr. David Johe, one of the principal editors of the new edition. "With the standard of training this text provides, OEC technicians will be prepared to offer medical care year round, whether it is through snowsports or bike patrolling or supporting resort events, such as concerts, adventure races and marathons."

NSP's OEC curriculum is unique in first-responder and pre-hospital care training because it trains patrollers for specific situations that occur in bad outdoor weather, at altitude and in situations that involve difficult extrication. OEC6 is available from Jones and Bartlett Learning. You can learn more about NSP membership and education requirements at [nsp.org/join](https://www.nsp.org/join).

(<https://www.thesnowpros.org/2020/06/09/national-ski-patrol-releases-new-edition-of-outdoor-emergency-care/>)

